

# **2003**

## **Written Test**

### **Study Guide**

# **USPC Manual**

## **B/H-A/A Level**

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The United States Pony Clubs*

## **MISSION STATEMENT:**

The mission of the United States Pony Clubs is to provide a program for youth that teaches riding, mounted sports, and the care of horses and ponies, thereby developing responsibility, moral judgment, leadership, and self-confidence.

## **GUIDING BELIEFS:**

- USPC is an educational organization which progressively develops the well-rounded horseperson.
- The well-rounded horseperson is capable of riding safely and tactfully on the flat, over fences, and in the open.
- Knowledgeable care of horses and ponies (Horse Management) is basic to the well-rounded horseperson.
- USPC is committed to the well-being of the horse.
- Fair and friendly competitions develop teamwork and sportsmanship.
- Fun and friendship are part of Pony Club.
- USPC requires parental and volunteer involvement and support.
- The USPC is committed to safety.
- The local Club is the core of USPC.

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## **Anatomy - USPC Manual - B/HA/A Level**

1. What is the name for the small blood vessels where oxygen and nutrients are absorbed by the cells? (Page: 231)
2. SENSORY and MOTOR are both types of \_\_\_\_\_ found in horses' bodies. (Page: 242)
3. What are the functions of the plantar or digital cushion? (Page: 275)
4. The horse's weight is borne on what structure or structures of the foot? (Page: 274)
5. What is the collective name for the class of minerals that help maintain the body's fluid balance? (Page: 321)
6. What types of structures are SHORT, CARDIAC, and SKELETAL in a horse's body? (Page: 226-227)
7. PITUITARY, PANCREAS and THYROID are all parts of what system? (Page: 243-245)

## **Teeth - USPC Manual - B/HA/A Level**

1. What is it called when a horse's upper teeth project forward beyond his lower teeth? (Page: 338)
2. Which are the FIRST permanent incisors to appear in a young horse? (Page: 332)
3. A HOOK may FIRST appear on the rear of the upper corner incisors at about what age? (Page: 334 & 336)
4. In determine the age of a horse by his teeth you note that the cups are gone from only the lower central incisors. You would guess the horse's age at about \_\_\_\_\_ years old. (Page: 333 & 336)

## **Conformation - USPC Manual - B/HA/A Level**

1. What problem is a short backed horse with long legs more likely to have than other horses? (Page: 269)
2. How can the conformation fault of a long back can affect the riding ability of a horse? (Page: 268)

## **Tack - USPC Manual - B/HA/A Level**

1. What is the advantage of using open front protective boots? (Page: 440-442)
2. What can you do if a saddle's cantle is too low when on the horse? (Page: 447-448)
3. Explain how a HUNTING BREASTPLATE is attached. (Page: 442-443)
4. What are the correct steps to reclaim old or neglected tack (for example, a bridle that is dry and stiff)? (Page: 452-453)

## **Bits & Bitting - USPC Manual - B/HA/A Level**

1. What is SIMILAR about French snaffles and Dr. Bristol bits? (Page: 431)
2. How should a Pelham bit's curb chain be adjusted? (Page: 434-435)

## **Shoes & Shoeing - USPC Manual - B/HA/A Level**

1. What is a KEG shoe? (Page: 285)
2. When should studs or caulks be used? When should they be removed? (Page: 287)
3. List several ways that a farrier can give extra protection to the horse's soles. (Page: 285)
4. What kind of horseshoe is closed at the rear (the heels of the shoe are connected)? (Page: 284)

## **Bandaging - USPC Manual - B/HA/A Level**

1. Describe how cold water bandages need to be managed. (Page: 406)
2. Your vet has told you to rub Nitrafurazone ointment on a horse's leg, cover it lightly with plastic wrap and cover it with a stable bandage. What is this called? (Page: 404-405)
3. Describe how to apply a bandage to a horse's knee. (Page: 407-410)
4. Describe the proper way to apply a tail bandage according to USPC standards. (Page: 394)

## **Lameness - USPC Manual - B/HA/A Level**

1. What is another name for arthritis in the hock joint? (Page: 272)
2. What serious condition can result from laminitis? (Page: 361)
3. What are BUCKED SHINS? (Page: 271)

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4. What is the specific name for arthritis in the fetlock joint of a horse? (Page: 270)
5. What situations or conditions might result in non-inflammatory edema? (Page: 356-357)

### **Sickness and Disease - USPC Manual - B/HA/A Level**

1. A cough, nasal discharge, and fever are symptoms of which diseases? (Page: 360)
2. TRUE or FALSE: Inflammation is an essential part of the healing process. (Page: 355-356)
3. What disease is characterized by profuse, watery diarrhea? (Page: 361)
4. List several diseases that affects the horse's NERVOUS system. (Page: 362)
5. Stiffness in the hindquarters, sweating, and restlessness could be signs of what disease or condition? (Page: 358)
6. What are the symptoms of a horse in distress (shock)? (Page: 354)

### **Wounds - USPC Manual - B/HA/A Level**

1. What causes SUMMER SORES? (Page: 344-345)

### **Parasites - USPC Manual - B/HA/A Level**

1. What parasite spends part of its larval stages in the horse's lungs and is coughed up and swallowed? (Page: 342)

### **Medication and Wormers - USPC Manual - B/HA/A Level**

1. The drugs acepromazine and Rompum(tm) are examples of what type of drug? (Page: 364-365)

2. What determines the correct dosage of dewormer for a horse? (Page: 345)

### **Stable Management - USPC Manual - B/HA/A Level**

1. Besides regular deworming, what else should a good parasite control program include? (Page: 349)
2. If windows are used in horse stalls, how should they open? Why? (Page: 379)
3. When designing a horse stall, how wide should the stall door opening be? (Page: 382-384)

### **Feed - USPC Manual - B/HA/A Level**

1. In BALANCING a horse's total ration you must calculate the total amounts of what four items? (Page: 326)
2. List several ways that horses' nutritional needs change during cold weather. (Page: 304)
3. What practices and conditions will decrease the nutritive value of hay? (Page: 309)
4. List several signs of poor quality hay. (Page: 309)
5. The label on a bag of commercial horse feed will ALWAYS show what measure of nutrition? (Page: 319-320)
6. What is the primary reason that we are told to feed horses little and often? (Page: 239)
7. List several undesirable (bad) ways to store feed? (Page: 327)
8. What can you add to your horse's ration to supplement fat in his diet? (Page: 321)

## **Trailing - USPC Manual - B/HA/A Level**

1. In which position (side) should you load your horse when hauling only one horse in a two-horse straight load (not slant) trailer? (Page: 417)
2. When hauling two different sized horses (a horse and a pony) in a two-horse straight load trailer, where should the larger horse be loaded? (Page: 417)

## **Leading & Lounging - USPC Manual - B/HA/A Level**

1. One critical EARLY step in teaching a horse to longe correctly and safely is \_\_\_\_\_ . (Page: 176)
2. List and describe longeing exercises that will help improve lateral balance and suppleness. (Page: 173)
3. Describe the proper use of side reins. (Page: 158-159)
4. What is the safest way to attach a longe line to the bit? (Page: 163)
5. List three reasons for longeing a horse. (Page: 168-171)
6. What should you do if you are longeing a horse and he comes towards you? (Page: 152 & 181)

## **Aids - USPC Manual - B/HA/A Level**

1. Used together, the rider's left leg and left direct rein communicate directly with which of the horse's legs? (Page: 50)
2. In riding, the success of your aids (how well they work) depends on several factors. What is the most important factor? (Page: 45)

## **Flatwork - USPC Manual - B/HA/A Level**

1. Describe how to ask for a flying change of lead. (Page: 115-116)
2. Describe a proper rider's position when riding a stadium or show-jumping course and taking a sharp/narrow turn. (Page: 116-117)
3. Explain what stretching "down and round" does to help a horse? (Page: 57)
4. In what direction is a horse bent when counter-cantering? (Page: 72-73)
5. List one or more good exercise(s) to help straighten a crooked horse. (Page: 23-29)

## **Dressage - USPC Manual - B/HA/A Level**

1. In dressage, the horse's ability to shift his balance smoothly forward and back is included in the definition of what term? (Page: 25)
2. In dressage, what does a horse's FRAME depend on? (Page: 27)
3. In the principles of dressage, define BALANCE. (Page: 24)
4. Explain what SUBMISSION means in regard to Dressage. (Page: 27)
5. In the principles of dressage, "Moving forward with powerful strides from the hindquarters" is a definition of \_\_\_\_\_ . (Page: 20)
6. What is a SHOULDER-FORE? (Page: 81)
7. What qualities are developed through dressage? Which quality is the one that is developed FIRST? (Page: 18)

## **Jumping - USPC Manual - B/HA/A Level**

1. Compared to an ascending oxer of the same dimensions, what should you do differently in your approach to a parallel oxer? (Page: 99-101)
2. What do you use to re-balance a strong, heavy horse that leans on the forehand when jumping? (Page: 95)
3. What is the easiest type of spread fence to jump and why? (Page: 100-101)
4. Describe how to ride an angled approach. (Page: 113)
5. What is a BULLFINCH? (Page: 146)

## **Cross Country - USPC Manual - B/HA/A Level**

1. Describe the proper way to ride a drop fence into water. (Page: 148)
2. Describe the best gait(s) to use when approaching a drop fence. (Page: 147)
3. Compare the distances between elements of combinations on a cross country course and a stadium course. (Page: 144)
4. For extra support in jumping cross country, especially banks and slopes, the rider should use what type of rein aid? (Page: 95 & 133)
5. When riding in the open at a canter and gallop, how does the horse tend to be balanced? How does it change as he increases his speed? (Page: 134)

## **Teaching - USPC Manual - B/HA/A Level**

1. A good lesson plan always includes what three main items? (Page: 195-197)

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2. What is the first step to take when you are giving a riding lesson on the longe? (Page: 207)
  
3. When teaching beginners (D1-D2 Pony Clubbers), should you use a lot of lectures and give detailed explanations? Why or why not? (Page: 187 & 203)
  
4. Fear in a student is a problem all instructors face. How should you deal with this? (Page: 218)
  
5. In teaching you will probably have visual, verbal and kinesthetic learners. What should you do in your lesson because of this? (Page: 185-186)
  
6. List at least three things that you should do to ensure safety when teaching a group jumping lesson? (Page: 204-205)

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