

POSSIBLE GYMNASTIC LINE FOR B AND A-LEVEL RATINGS

X-----X
 X-----X (oxer or vertical)

^
23' ± (1 stride)
or 33' ± (2 strides)
 V

X-----X
 X-----X (oxer or vertical)

^
21' ±
 V

X-----X (vertical)

^
18' ±
 V

X-----X (vertical)

^
10' ± (bounce)
 V

X-----X (vertical or crossrail)

^
9'
 V

_____ - 4 1/2 ' (Use at least 4 poles or just one placing pole)

_____ - 4 1/2'

_____ - 4 1/2 ' (Use at least 4 poles or just one placing pole)

^
 START