

THE UNITED STATES PONY CLUBS, Inc.

The Kentucky Horse Park • 4041 Iron Works Pike • Lexington, KY 40511 • (859) 254-PONY (7669)



DRESSAGE "C-3" TEST SHEET

National Examiners will use this form when conducting a Dressage C-3 Specialty Rating. The candidate will receive a copy of the completed form following the examination. The original is sent to the National Office within four days of the test and returned in due course to the candidate. A copy will be sent from the National Office to the Regional Supervisor and District Commissioner. To achieve the rating, candidates must meet the standard in each section. **Examiners must have a copy of the appropriate Standard to use with the test sheet.**

Candidate's name _____ Age _____

Address _____

Name of Pony Club _____

District Commissioner _____ Region _____

Riding Test Expectations: *The candidate should maintain a basic balanced position that is appropriate for Dressage, developed through an independent seat, demonstrating coordinated use of the aids on the flat, over ground poles or cavalletti and in the open. The candidate should initiate and maintain free forward movement with smooth, prompt transitions, a clear and consistent rhythm and a steady, light feel of the mount's mouth. The horse should accept the aids. The candidate should be able to discuss and evaluate the aids used. The candidate should show confidence and control at all gaits. The level of riding is at the 2007 USEF First Level Test 3.*

Presentation of Horse and Rider				
<ul style="list-style-type: none"> - Correct formal or informal attire - Effective presentation and control - Mount well groomed: ears, nose, eyes, dock, sheath/udder, mane and tail - Tack clean and safe 	<table border="1" style="width: 100%;"> <tr><td style="text-align: center;">____ ES</td></tr> <tr><td style="text-align: center;">____ DNMS</td></tr> <tr><td style="text-align: center;">____ MS</td></tr> </table>	____ ES	____ DNMS	____ MS
____ ES				
____ DNMS				
____ MS				
<ul style="list-style-type: none"> - Discuss purpose and fit of equipment - Stable and shipping bandage - Discuss purposes and dangers involved with shipping and stable bandages 	<table border="1" style="width: 100%;"> <tr><td style="text-align: center;">____ ES</td></tr> <tr><td style="text-align: center;">____ DNMS</td></tr> <tr><td style="text-align: center;">____ MS</td></tr> </table>	____ ES	____ DNMS	____ MS
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Riding on the flat				
<ul style="list-style-type: none"> - Demonstrate flat warm up - Discuss warm-up including balance, throughness, impulsion, rhythm, and engagement 	<table border="1" style="width: 100%;"> <tr><td style="text-align: center;">____ ES</td></tr> <tr><td style="text-align: center;">____ DNMS</td></tr> <tr><td style="text-align: center;">____ MS</td></tr> </table>	____ ES	____ DNMS	____ MS
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<ul style="list-style-type: none"> - Schooling figures - 10 meter half circles, 20 meter full circles at working trot sitting - Shoulder fore - Straight lines at each gait - Leg yields at walk or trot - Lengthen and shorten stride: trot and canter - Medium walk and free walk - 15 and 20 meter canter circles - Halt with immobility for up to 5 seconds (from trot) - Change of canter leads through trot - Trot movements are shown sitting with the exception of a 20 meter circle which allows the horse to stretch forward and downward 	<table border="1" style="width: 100%;"> <tr><td style="text-align: center;">____ ES</td></tr> <tr><td style="text-align: center;">____ DNMS</td></tr> <tr><td style="text-align: center;">____ MS</td></tr> </table>	____ ES	____ DNMS	____ MS
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KEY: ES = Exceeds Standard	MS = Meets Standard	DNMS = Does Not Meet Standard
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<ul style="list-style-type: none"> - Ride the 2007 USDF Dressage Test at First Level, Test 3 		<p>___ES ___DNMS ___MS</p>
<ul style="list-style-type: none"> - Ride without stirrups at all gaits with a secure and independent seat 		<p>___ES ___DNMS ___MS</p>
<ul style="list-style-type: none"> - Discuss performance with examiner, including rhythm, regularity of gaits, accuracy of transitions; whether mount maintained forward motion, contact, straightness, balance and correctness of bend - Discuss with examiner mount's impulsion, acceptance of bit; whether engagement (thrust) in lengthenings was shown - Discuss differences between increase of speed and lengthening of stride, knowledge of aids for reinback - Discuss "Purpose of Levels" 		<p>___ES ___DNMS ___MS</p>
<p>Switch ride</p>		
<ul style="list-style-type: none"> - Demonstrate ability to ride a different mount, initiating free, regular, forward movement at each gait, acceptance of aids, showing confidence and control - Discuss performance with Examiner, including ways in which the mount was different from own mount - Discuss exercises used to develop lateral suppleness 		<p>___ES ___DNMS ___MS</p>
<p>Riding over ground poles/ cavalletti</p>		
<ul style="list-style-type: none"> - Discuss purpose of ground poles and cavalletti in the training of the horse and rider. - Demonstrate ability to ride own mount through a series of 4-6 cavalletti/ground poles at the walk and trot maintaining a secure, basic balanced position (distances set appropriately for gait and horse stride). - Discuss exercises used including placing distances. 		<p>___ES ___DNMS ___MS</p>
<p>Switch ride</p>		
<ul style="list-style-type: none"> - At the discretion of the examiners, demonstrate ability to ride a different mount through exercises at walk and rising and sitting trot. - Discuss performance and how mount differs from own mount 		<p>___ES ___DNMS ___MS</p>

<p>Riding in the Open</p>				
<ul style="list-style-type: none"> - Ride at the walk/trot and canter in the open, alone and in a group, maintaining control and demonstrating regularity of paces - Discuss ride and reasons for any disobedience. - Evaluate mount's condition (i.e. vital signs). 	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">___ ES</td> </tr> <tr> <td style="text-align: center;">___ DNMS</td> </tr> <tr> <td style="text-align: center;">___ MS</td> </tr> </table>	___ ES	___ DNMS	___ MS
___ ES				
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<p>Longeing</p>				
<ul style="list-style-type: none"> - Supervision is required in the testing of longeing - Demonstrate proper fit of equipment, including bridle or cavesson, saddle or surcingle (side reins are allowed if appropriate) - Longe own mount, appropriate to mount's ability, demonstrating safe longeing techniques and proper use of aids (voice, body position, etc) at the walk, trot, and/or canter, while initiating free forward movement and smooth transitions, making horse appropriate for the C-3 Dressage rider 	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">___ ES</td> </tr> <tr> <td style="text-align: center;">___ DNMS</td> </tr> <tr> <td style="text-align: center;">___ MS</td> </tr> </table>	___ ES	___ DNMS	___ MS
___ ES				
___ DNMS				
___ MS				

GENERAL REMARKS

Attitude and maturity for level of testing

Security and confidence for level of testing

Suggestions for improvement

<input type="checkbox"/> Meets Standards	<input type="checkbox"/> Does Not Meet Standard	Signature of Examiners
<input type="checkbox"/> Withdraw		PIP _____
Date Tested _____		_____

A candidate may be retested ONLY on bandaging and/or longeing.

- Retest must take place within **the calendar year** and must be completed over a one-day period.
- Failure of either section on retest day will require retaking entire test.
- Retest must be recommended by original Examiner.

ES _____ MS _____ DNMS _____

SIGNATURE: _____ DATE: _____
(Examiner for portions retested)