

USPC urges all members and families to continue to protect themselves from infectious disease including COVID-19 by taking precautions and adhering to practices suggested by national, state and local public health authorities. Stay informed and follow advice given by public health officials when traveling or attending public gatherings; if you are unwell or at a higher risk for infection, stay home and seek medical care.

According to the Centers for Disease Control and Prevention (CDC), the coronavirus remains a relatively low risk in the U.S. However, we recognize that there may be concerns due to the uncertainty of the situation and the continued dominance of COVID-19 in the media. To that end, we urge all members and volunteers to adhere to practice strict hygiene practices throughout rallies, meetings, and other public gatherings.

We also recognize that local and regional leaders may need to cancel or reschedule activities due to local/state guidance; however, at this time there are no changes to any USPC national level events.

As with any other respiratory virus, the best way to prevent infection and the spread of COVID-19 virus is to adhere to the following best practices:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Avoid close contact with persons who have respiratory illness symptoms.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your cough or sneeze with your elbow or a tissue, then throw the tissue in a lined trash container.
- Frequently clean and disinfect objects and surfaces that are touched often (e.g., door handles, counter surfaces, etc.)
- Stay home when you are sick.
- Stay home if you have been exposed to someone who is affected or has travelled to areas affected.

USPC continues to monitor the COVID-19 outbreak and is tracking guidance issued by CDC and other public health organizations and will adopt proper health precautions as warranted. For the latest updates and additional information on COVID-19, please visit the [CDC website](#).

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