

On the CDC Heads Up to Youth Sports page, please follow these steps.

1. Create Account
2. Select: Community of Practice – choose HEADS UP Concussion Training
3. Confirm and continue
4. For *Select: Agency* choose **Volunteer Agencies** then Confirm
5. Finish Creating Account
6. This brings you to **Head Up to Youth Sports: Online Training for Coaches**
7. Click on Pre-Assessment which takes you to Profile
8. Complete your Profile, filling in any info requested. This is just a formality so you can access the training, you can enter anything.
 - a. For Professional Role choose **Volunteer** then Save
 - b. For Organization enter **US Pony Clubs**, for Department enter **Safety Compliance**, for Title enter **Volunteer**, then Save
 - c. For work settings choose **Non-profit**
9. When Profile is complete you will return to the HEADS Up page and click on Pre-Assessment
 - a. Choose **Coach**
 - b. Enter Zip
 - c. For Sport choose **Equestrian**
 - d. Check off ages you work with, if any
 - e. Check off level of play of team
 - f. Answer remaining questions, then it will send you back to HEADS UP page
10. Launch training
11. Start and complete training
12. Log in to your PONY CLUB Profile on Ponyclub.org then **complete the short Pony Club Head Injury quiz to receive automatic credit** on your Pony Club Profile

Note the certificate is for your own records, there is no need to send it to USPC.