

ATTACHMENT B

Concussion and Return to Play

USPC is dedicated to maintaining high safety standards for our Members. Due to the potential for injury inherent in equestrian sports the USPC believes in ongoing education in all areas of safety and that training/guidelines for our Volunteers and Members on the potential risks associated with concussion and return to play is needed.

The USPC Board of Governors are fully committed to safeguarding the welfare of its Members and Volunteers and will take steps to adopt safe practices that promote the health and welfare of its Members and Volunteers.

A. Concussion

1. USPC will develop concussion education modules and other pertinent information based on materials from the Centers for Disease Control and Prevention (CDC) to inform and educate members and their parents or legal guardians of the nature and risk of concussion and head injury, including the continuance of play after concussion or head injury.
2. USPC **requires** all Pony Club Volunteers in a leadership position within Pony Club and especially anyone involved directly with mounted or unmounted lessons or activities complete the concussion training module.
3. Instructors, parents, and active Members who are instructing and other Volunteers will be directed to complete the Centers for Disease Control and Prevention (CDC) concussion training module.

B. Return To Play

A member believed by a leader, coach, parent or official to have sustained a concussion during a USPC unmounted or mounted activity or competition shall be removed from play at that time and shall not return to play until the athlete is evaluated by a physician or their designate and cleared to return to activities.