The C-1 check-list is a valuable tool to evaluate a member’s readiness to test. It is recommended that this check-list be used to evaluate a candidate no earlier than 90 days prior to the certification. The evaluator should sign the “Signature” block when a candidate satisfactorily performs the necessary skills while demonstrating both horse management and riding expectations for the standard without instruction/coaching. If the member is not able to demonstrate the standard, the evaluator should provide detailed comments on what improvements the candidate needs to make in order to demonstrate the standard. An evaluator must be able to give an impartial evaluation of the candidate’s proficiency at the standard. The “D1 through C2 Examiner’s Handbook” and the last page of the “Standards of Proficiency” outlines the qualities of an examiner that is appropriate to use.

### Horse Management Skills

<table>
<thead>
<tr>
<th>Presentation/Turnout and Tack</th>
</tr>
</thead>
<tbody>
<tr>
<td>Present in appropriate “Competitive” attire for either Eventing, Dressage, or Show Jumping discipline (found in the discipline rulebook).</td>
</tr>
<tr>
<td>Mount to be well-groomed, reflecting regular care with a healthy coat; no sweat or dirt. Mane and tail brushed with little, if any, dandruff. External areas around sheath/udder clean. Feet picked out and reflecting regular farrier care. Eyes, nose, lips, dock clean.</td>
</tr>
<tr>
<td>Tack to be safe, clean and properly adjusted, reflecting regular care/conditioning with metal polished. No jockeys or dust and all stress points clean.</td>
</tr>
<tr>
<td>Identify tack on own mount and discuss fit.</td>
</tr>
<tr>
<td>Describe 3 different snaffle bits.</td>
</tr>
<tr>
<td>Describe how to adjust a curb chain.</td>
</tr>
</tbody>
</table>

**Evaluator’s Comments:**

### Conditioning

- Discuss the meaning of conditioning and the reasons for conditioning a mount.
- *Define the conditioning principles: of long slow distance work, interval training, inversion, and recovery rate.*
- Describe factors to consider before a horse can begin a conditioning program.
- Discuss how you would condition your horse after one month of time off.
- *Give the acceptable ranges of TPR for a mount at work.*

(*See supplements to the C-Level Manual on the USPC C-Level Certification web page and in the H-B—A Manual.)

**Evaluator’s Comments:**

### Nutrition

- Discuss how much water an average horse drinks in a day and 2 reasons why water is important for horses.
- Describe 2 characteristics of bad hay.
- Explain why access to good quality roughage is essential.
- Discuss amount and type of feed for own mount.

**Evaluator’s Comments:**

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Stable Management
- Discuss 1 drainage and 1 absorbent bedding.
- Correctly put on and adjust a blanket/sheet on a mount.
- Describe and give reasons for 3 types of clipping.
- Name 2 internal and 2 external parasites.
- Discuss general barn safety procedures.

Evaluator’s Comments:

Conformation and Unsoundness
- Identify and discuss 3 bad points of basic leg conformation.
- Name, describe outward appearance, and locate on a mount 5 common unsoundnesses.

Evaluator’s Comments:

Travel Safety
- Name basic equipment needed for mount’s safety and comfort during trailer travel.
- Name 2 documents to carry if traveling long distances or out of state.
- Discuss 5 items from the truck/trailer safety checklist that you should check before you travel.

Evaluator’s Comments:

Health and Maintenance Record Book
Provide a hard copy of mount’s Health and Maintenance Record Book that contains records for at least 6 months prior to the test. In addition to the information from the previous levels, records must contain:

- Weekly riding/conditioning schedule and changes to this schedule (seasonal or other).
- Activities (beyond daily routine, e.g., lessons, clinics, competitions, etc.)
- Extra veterinary visits (beyond routine care).
- Expenses (income can be added, but not required).

*Template may be USPC design or own design that contains the same data.*

Evaluator’s Comments:

Health Care & Veterinary Knowledge
- Describe how to treat minor wounds.
- Discuss regular parasite control for own mount, reason why to de-worm a new mount in a barn, and use of a fecal egg test.
- Name 3 things you can do to prevent your horse from contracting a communicable disease (i.e., while riding at other facilities or keeping mount at show grounds).
- Explain the reason for having a Coggins test done.
- Discuss causes, signs, and preventative measures for the following: colic, laminitis, and heaves.

Evaluator’s Comments:
### Teaching
- Bring a letter from DC/CA verifying the member assisted twice at an unmounted Pony Club activity.
- Demonstrate a safety and tack inspection for a D member.
- During the inspection, review why items are being checked and any safety issues found.

**Evaluator’s Comments:**

### Land Conservation
Name 2 different locations near you where the land is used for 3 different activities, including horseback riding.

**Evaluator’s Comments:**

### Leading & Longeing
- Discuss 3 reasons for longeing.
- Discuss necessary longeing equipment.
- Describe parallel longeing and explain why it might be used.
- Demonstrate parallel leading.

**Evaluator’s Comments:**

### Foot & Shoeing
- Discuss causes of thrush and prevention.
- Identify 6 farrier tools and their uses.
- Identify 3 types of shoes.
- Describe 3 examples of bad shoeing.

**Evaluator’s Comments:**

### Bandaging
- Name 2 possible effects of poor bandaging techniques.
- Under direct supervision and, if needed, with assistance from Examiner, apply 2 stable (aka standing) bandages (front and rear diagonal pair).

**Evaluator’s Comments:**

### Equine Sports
- Name 7 disciplines listed on the USPC website.

**Evaluator’s Comments:**

### Rider Safety
- List 3 ways to determine if a riding helmet fits properly.
- List 3 circumstances where a helmet is required to participate in USPC activities.
- Describe 3 signs of heat illness.

*Refer to the USPC Safety Handbook*

**Evaluator’s Comments:**

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