

#	<u>Skill</u>	D-1	D-2	D-3	C-1	C-2	H-B	C-3	B	H-HM/ H/H-A	A
1	Mounting and dismounting correctly	D-1	D-2	D-3	C-1	C-2		C-3	B		A
2	Hold reins correctly	D-1	D-2	D-3	C-1	C-2		C-3	B		A
3	Lengthening and shorting reins correctly	D-1	D-2	D-3	C-1	C-2		C-3	B		A
4	Adjusting both stirrups and girth correctly when mounted	D-1	D-2	D-3	C-1	C-2		C-3	B		A
5	Adjusting stirrups correctly at walk	D-1	D-2	D-3	C-1	C-2		C-3	B		A
6	Demo correct position at walk and trot	D-1	D-2	D-3	C-1	C-2		C-3	B		A
7	Pick up and drop stirrups correctly at walk and trot	D-1	D-2	D-3	C-1	C-2		C-3	B		A
8	Demo a balanced position (BP) used with control in arena and in the open (BP)		D-2	D-3	C-1	C-2		C-3	B		A
9	Demo changes of direction at walk and trot		D-2	D-3	C-1	C-2		C-3	B		A
10	Demo gradual transitions using reins, seat, legs correctly		D-2	D-3	C-1	C-2		C-3	B		A
11	Mount and dismount from each side correctly		D-2	D-3	C-1	C-2		C-3	B		A
12	Maintain (BP) at walk, trot, canter transitions in both directions		D-2	D-3	C-1	C-2		C-3	B		A
13	Demo and use correct aids for canter depart both directions		D-2	D-3	C-1	C-2		C-3	B		A
14	Demo correct trot/canter transitions		D-2	D-3	C-1	C-2		C-3	B		A
15	Demo correct jumping position at walk/trot/canter maintaining balance and stability of gaits	D-1	D-2	D-3	C-1	C-2		C-3	B		A
16	Demo balancing and suppling exercises for rider. Demo same for horse.		D-2	D-3	C-1	C-2		C-3	B		A
17	Demo correct effective jumping position at walk/trot/canter on both reins using aids correctly		D-2	D-3	C-1	C-2		C-3	B		A
18	Maintain correct and effective position (BP for flat work, BP for jumping) at walk/trot/canter without stirrups		D-2	D-3	C-1	C-2		C-3	B		A
19	Know when diagonals are correct for riding and rising at trot in all of the above		D-2	D-3	C-1	C-2		C-3	B		A
20	Aids for canter transitions give correctly and effectively at trot/canter and walk/canter transitions		D-2	D-3	C-1	C-2		C-3	B		A
21	Demo an understanding of the skill of changing leads at canter, how to change lead if horse takes wrong lead, how to school leads correctly			D-3	C-1	C-2		C-3	B		A
22	Demo jumping position and effectiveness by use of a correct base of support and necessary changes in adjusting knee, ankle, hip and elbow angle for maintaining functionally correct position over girds/in open.			D-3	C-1	C-2		C-3	B		A
23	Maintain correct and effective position walking, trotting and cantering over poles			D-3	C-1	C-2		C-3	B		A
24	Demo correct position and control in the open at all three gaits			D-3	C-1	C-2		C-3	B		A
25	Demo correct position and control in the open at all three gaits with varied terrain making adjustments according to terrain				C-1	C-2		C-3	B		A







87	Demo ability to jump a series of fences w/out stirrups. Pace not to exceed 240 mpm								B		A
88	Demo correct and tactful use of natural and artificial aids in X-C riding in all gaits and paces							C-3	B		A
89	Demo BP in carrying styles, forms and functions according to fences being jumped							C-3	B		A
90	Demo correct and free forward movement, correct bend, and flexion riding on the flat and over fences								B		A
91	Demo correct rhythm and regularity of pace for all riding purposes								B		A
92	Review and be able to demo correct and effective warm-up which is progressive and complete for each phase of jumping. Evaluate the warm up								B		A
93	Understand how to make the most effective time of warm-up								B		A
94	Ride with free forward movement, correct and effective use of aids, BBP, correct body (seat and weight) aids, all natural and artificial aid from smooth and balanced transitions what is required in the SOP								B		A
95	Understand how to make the most effective time of warm-up								B		A
96	Ride own horse and switch ride over fences. Course should include combinations not to exceed 3'7"								B		A
97	Galloping position at pace 450mpm using flexible BOS from lower leg to thigh and back over terrain and fences								B		A
98	Demo pace and jumping out of stride 240mpm, 350mpm, 400mpm, 450mpm								B		A
99	Ride over gymnastics combinations at height not to exceed SOP.and			D-3	C-1	C-2		C-3	B		A
100	At all times, it must be clear which are inside and outside aids, horses bent correctly, ridden inside leg to outside hand. Free forward movement balance must not be compromised. Collection must be from back to front with horse moving into self carriage. Horse should engage hindquarters and lower croup while maintaining willingness to move forward.										A
101	Demo turn on the haunches										A
102	Demo the emergency dismount at the walk		D-2	D-3	C-1	C-2		C-3	B		A
103	Demo the emergency dismount at the trot			D-3	C-1	C-2		C-3	B		A
104	Respectful introduction of the member and their mount	D-1	D-2	D-3	C-1	C-2	H-B	C-3	B	H-HM	A
105	Develop a sense of teamwork, duty and responsibility leading to leadership	D-1	D-2	D-3	C-1	C-2	H-B	C-3	B	H-HM	A
106	Develop communication skills	D-1	D-2	D-3	C-1	C-2	H-B	C-3	B	H-HM	A
107	Develop organizational skills and time management skills	D-1	D-2	D-3	C-1	C-2	H-B	C-3	B	H-HM	A
108	Learning how to verbalize ideas, present yourself and horse at stations, develop public speaking skills		D-2	D-3	C-1	C-2	H-B	C-3	B	H-HM	A
109	Be able to identify and dress in both formal and informal attire		D-2	D-3	C-1	C-2	H-B	C-3	B	H-HM	A
110	Learn Equine science knowledge (Anatomy, psychology, nutrition, biomechanics, etc)		D-2	D-3	C-1	C-2	H-B	C-3	B	H-HM	A

111	Learn about safety concerns		D-2	D-3	C-1	C-2	H-B	C-3	B	H-HM	A
112	Develop conflict resolution and negotiation skills			D-3	C-1	C-2	H-B	C-3	B	H-HM	A
113	Learn how to keep records with the requirements of the SOP			D-3	C-1	C-2	H-B	C-3	B	H-HM	A
114	Develop critical thinking. How to analysis and problem solve (evaluation and discussion of outcomes, planned next steps)				C-1	C-2	H-B	C-3	B	H-HM	A
115	Develop polish dealing with both mounted and unmounted presentations				C-1	C-2	H-B	C-3	B	H-HM	A
116	Business and Management skills				C-1	C-2	H-B	C-3	B	H-HM	A
117	Develop planning skills (trip, competition, etc) related to their SOP				C-1	C-2	H-B	C-3	B	H-HM	A
118	Develop mentoring, teaching and coaching skills within the SOP					C-2	H-B	C-3	B	H-HM	A
119	First aid knowledge / basic medical knowledge						H-B	C-3	B	H-HM	A
120	Require first aid certificate								B	H-HM	A
121	Stable management (facility operation/management)								B	H-HM	A